



What on Earth Is Club Volleyball?

The basics of teams, tryouts, tournament days and the organizations behind the game.

THE SHORT VERSION

Club volleyball is a paid, team-based opportunity to train and compete outside of school. Clubs organize coaches, practices, uniforms and tournament schedules; CEVA provides the local USA Volleyball framework.

1 Who can play?

USA Volleyball age divisions generally run from 12U through 18U, and some clubs offer younger programs. CEVA supports junior girls, junior boys and adult opportunities, plus indoor and outdoor disciplines.

An athlete's division is determined by the current USA Volleyball age chart. Athletes may play up if selected by a club.

2 How is a team selected?

Teams are usually formed through club-run tryouts. Coaches evaluate volleyball skills, effort, coachability and teamwork. Each club determines its own team placement, fees, practice schedule, travel expectations and playing-time philosophy.

Tip: compare several clubs and ask for a full cost breakdown before signing.

3 How long is the season?

Most indoor junior club seasons begin with fall tryouts and continue through CEVA Regional Championships in late April or early May. Teams that attend additional regional or national events may continue into June or July.

Exact schedules vary by club and team, so ask about tournaments and school-break commitments.

4 What equipment is needed?

Start with volleyball shoes, kneepads, a water bottle and a bag. Some athletes also use ankle or knee supports, sleeves or athletic tape based on personal needs.

Clubs may require uniforms, warm-ups, practice gear, a volleyball or spirit wear. Ask what is included in club dues before purchasing extras.

2026-27 TRYOUT START DATES

SEP 12

Boys teams

All junior ages

NOV 8

Girls 14U

And younger

NOV 15

Girls 15U

And older

Dates shown are the earliest permitted start dates. Individual clubs set their own tryout times and locations.



Tournament Days, Membership & Support

What is a work team?

At many tournaments, a team that is not playing helps officiate another match. This gives athletes a better understanding of the rules and keeps the event moving. A certified adult serves as the first referee (R1); players fill other roles as assigned and trained.

R1**First referee**

Adult official on the stand

R2**Second referee**

Supports substitutions and match flow

SC**Scorer**

Records points, lineups and substitutions

AS**Assistant scorer**

Tracks the libero and replacements

LJ**Line judges**

Signal ball in/out and touches

Who does what?

YOUR CLUB

Selects teams and coaches
Sets fees and payment terms
Plans practices and travel
Sets team rules and playing-time philosophy

CEVA

Serves Oregon and four SW Washington counties
Sanctions regional events
Supports clubs, families and officials
Administers regional policies and education

USA VOLLEYBALL

Is the sport's U.S. national governing body
Provides membership, rules and insurance
Offers safety and education resources
Fields U.S. national teams



Is financial assistance available?

Yes. CEVA offers need-based financial aid for club dues. Application dates and requirements are posted on the CEVA Athlete Success Fund page. Families should also ask clubs about payment plans, fundraising and club-specific assistance.

Ready to learn more?

**CEVA Parent Guide**

ceva-region.org > Parents > Parent Guide

**CEVA Athlete Success Fund**

ceva-region.org/casf

Questions? We are here to help.

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